



  
**9-11 NOVEMBER**  
**LARDNER PARK, GIPPSLAND**

## MEDIA RELEASE

Friday 2 November 2018

### **From waste warrior to jousting, Harvest Fest has it all!**

With the top four plastic pollution items on beaches and oceans being disposable coffee cups, plastic bags, water bottles and straws, blogger Tammy Logan was equal parts disgusted by this fact and inspired to do something to change it.

The “waste warrior” runs a highly successful blog called Gippsland Unwrapped, which is committed to the pursuit of plastic-free and waste-free living, and she will share her fascinating journey as a guest speaker at the upcoming Harvest Fest event.

Harvest Fest is an exciting new boutique farming and lifestyle event held from November 9-11 at Lardner Park, and this initiative of Lardner Park and McPherson Media Group is set to draw patrons in excess of 20,000.

“I want to show people some examples of what I do so they can go home with concrete actions they can try themselves,” Tammy said.

Having grown up on a dairy farm herself and previously worked in the area of community engagement around sustainability issues and natural resource management, Tammy is uniquely qualified to provide practical solutions to waste-free living.

The flow-on effects of such a lifestyle have been equally as positive for Tammy as they have been for the environment.

“I didn’t want to be working so much all the time at the expense of my family and friends, I wanted more time to focus on what is meaningful like relationships and the experiences – the things in life that make us really happy, not just being stuck on the hamster wheel,” she said.

The full-time blogger, sustainability educator, consultant and speaker will provide talks on Sunday November 11 at 10 am and at noon.

Guest speaker Julie Weatherhead is the author of *Australian Native Food Harvest*, owner of Peppermint Ridge Farm in West Gippsland and has 20 years of experience as an environmental scientist and ecologist.

She will present a talk on native food on Saturday November 10 at 1pm, and a talk on eco-friendly vegetable gardens on Sunday November 11 at 1pm.

Part-time farmers Jill Noble and Gary Tie will outline their experiences with establishing their flock of 120-strong Wiltshire Horn sheep on their 62ha South Gippsland property, Halston Valley Farm. The guest speakers will discuss how to fast-track the process for those looking to own and keep sheep, on Friday November 9 at 2pm.

In an interesting twist, Harvest Fest patrons can also experience something completely different with a medieval jousting demonstration by Tournament X on Saturday, November 10 at 1pm.





# HARVEST FEST 2018



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Harvest Fest will be held November 9-11, at Lardner Park, Gippsland. For further information or to buy tickets online and save 16% visit [www.harvestfest.com.au](http://www.harvestfest.com.au)

[View and download event imagery](#)